



Wednesday, March 31, 2010



The Green House; Photo by: Tyler Claes

## Wellsville Front: The Green House Project

By Tyler Claes

All is quiet on the Wellsville Front... Well, about as quiet as it can get on a trade school campus. The Green house in Wellsville is progressing along quite nicely. For those of you who don't know, the students at Wellsville regularly construct houses as part of their curriculums. This most recent house is being built to coincide with "Green" regulations. The goal for the house, when completed, will be to allow it to be recognized as meeting Energy Star standards, as well as gain a "Green Certification" from the National Contractor's Association.

In order to meet Energy Star Standards as well as gain "Green Certification" the green house must

be made as energy efficient as possible. The house itself was built oriented towards the south in order to gain the most from solar energy sources. Structurally insulated panels are being used for the exterior walls. These panels are very energy efficient since the insulation value on the panels themselves is very high and resists heat transfer very well. In an attempt to use nature for an energy source, the house was connected to a windmill and a photovoltaic cell along with the normal power grid of the campus. Instrumentation will be installed in the house to monitor the amount of power coming from each power

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## Public Higher Education Empowerment & Innovation Act

Nancy L. Zimpher, Chancellor, the  
State University of New York

With the state's finances at a crisis point, it is time for bold ideas that will not only get us through these difficult times, but return New York to greatness.

The Public Higher Education Empowerment and Innovation Act is an idea of that magnitude.

This landmark legislation shields our students and our campuses from the worst effects of the fiscal crisis while maximizing our potential as a driver of economic recovery.

The legislation removes tuition from the state budget and political process, allowing SUNY to expand enrollment and increase access to excellent educational opportunities.

Historically, when tuition has

increased to offset budget cuts and to maintain academic quality, the state has swept the increase into the treasury to close budget gaps elsewhere. Worse still, tuition has gone up only during times of fiscal crisis when students and parents can least afford it.

Under the Empowerment Act, every tuition dollar would stay on campus to support our students' education.

We are in the process of developing a detailed tuition policy that prevents the large sudden tuition spikes of the past; caps total

year-to-year tuition increases, and protects access with expanded financial aid.

The Act also enables SUNY to engage in partnerships with the private sector, which means new revenue to support SUNY and the ability to create 2,000 faculty positions and a total of 10,000 jobs across the system -- along with 65,000 construction jobs for capital projects.

The principles of collective bargaining and union worker rights are specifically protected.

Finally, the legislation cuts the red tape that costs SUNY time and money and stifles economic activity.

Unfortunately, some critics con-

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## Congrats Spring 2010!!

The Sisters of Alpha Sigma would like to congratulate all new Brothers and Sisters of the Spring 2010 pledge classes!!!

The New Brothers of:  
• Gamma Theta  
• Gamma  
• Kappa Sigma  
• Epsilon  
• Mu Theta  
• Pi Rho Zeta

The New Sisters of:  
• Alpha Sigma  
• Alpha Beta Chi  
• Delta Chi Omega  
• Pi Nu Epsilon  
• Psi Sigma Psi

Welcome To  
The Family!!!

Submissions are due April 6 for the April 14 issue



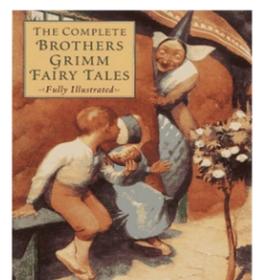
Page 2: Dear Echo: The Misanthrope Professor



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Page 5: Shakespeare's play "Taming of the Shrew"



Page 7: Brothers Grimm

## VIEWPOINTS

# Tattoo Spree

Mike Deville got a tattoo

OK, I finally got a tattoo!

I'd show it to you, but I don't think I know you well enough *yet*. For years friends have said, "Just DO IT, Deville!" And all it took for me to finally pull the trigger and get a tat was a wild spring break in sunny Canada, with those wild Canadian women in their parkas, and a little too much Canadian tequila.

Sure, I thought about a tattoo as early as high school, but one of my teachers was really biased against tattoos, so I sort of let it ride. He was a math teacher, and he had some crazy formula for rating people by the number and location of their tattoos. It was something like the more tattoos you have, the less likely you are to graduate from high school.

All of his big 'anti-tattoo' talk ended the day he was showering in the locker room after a faculty b-ball game and someone saw HIS tattoo. OK, it was *small*. I'll give you that. But once you see your math teacher with a small, pink flamingo tattooed on his left cheek and the Greek letter  $\pi$  on his right cheek, it's hard to ever really concentrate in calc class again. Tattoos on my English teacher? Sure! Tattoos on my algebra teacher, maybe... But tats on a calc teacher? Hey, even I have standards.

So after I got to Camp Alfred, I thought about getting a tattoo, but other things kept getting in the way: a girl friend who hated tattoos, the fact that I was busy appealing my Academic Dismissal letter about every semester, a few semesters of 'financial embarrassment,' and the big one, my Uncle Coupe's threat to kill me one square inch at a time if I EVER got a tattoo.

But Uncle Coupe has really come

around on tattoos since his new girlfriend showed him some dermatological real estate that opened his eyes to the beauty of a nicely done tattoo. Let's just say old Coupe is watching THAT real estate real close.

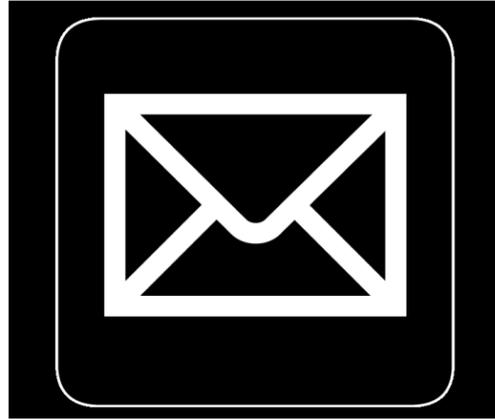
Anywho, I'm hanging out in Toronto over break, the party gets a little crazy, and then someone says, "Deville, show us your tattoos!" And I'm forced to admit I don't have any. Next thing I know, I'm in some third rate tattoo parlor in the wrong side of Toronto showing an ugly stranger some skin only a few of Deville's close friends have seen. Let's just say "Mr. Inky Dinky's" is not the kind of place I normally hang out.

So the obvious next question is "What've you got in mind for a tattoo, Americano?" OK, I guess I was still in 'Olympics' mode, and just to keep on the good side of Mr. Inky Dinky, I blurted out "Oh Canada!" Fast forward about one painful hour, and I've got two words inked in my butt: 'Ohcan' and 'nada.' I guess splitting 'Oh Canada' equally was the only option old Inky knew. I'm glad this winter's Olympics weren't held in The Former Soviet Union or I'd still be under Inky's needle.

At least I finally got a tattoo, even if only a few really close friends will ever see it. Until *Ergo* magazine adds a nude centerfold, 'Ohcan' and 'nada' will be my secret. There is one small 'flaw in the ointment,' as my high school calc teacher used to say. One of my Latino friends who saw the tattoo told me 'ohca nada' actually means something embarrassing in Spanish. He wouldn't say any more, but he hinted that people who see my 'ohca nada' will be surprised if I ever father any children on my own.

So that about sums up my Spring Break. How about yours? Did you get down to *Juárez, Mexico for the big 'drug lord' shootouts? Crazy, eh? Drug lords willing to gun down each other just for the right to make billions of tax free dollars from us gringos. I thought about going to Mexico for break, but if you've seen my tattoo, you know what a wuss I turned out to be: ohca nada!*

-Mike Deville-



Dear Echo,

I've read the letter from the Facebook Addict that came out in the last issue. Although I am not yet sure if it was written by an actual student or it is the result of the work done through the imagination of one of your staff members, that letter made me realize the possibility of happily confessing some of the issues that trouble me as a professor. I must advise you, however, that you are about to read some disdainful commentaries, and that by the end of this epistle you will conclude that I rightfully belong to the list of misanthropes.

I started my professorship about twenty five years ago. I enjoyed teaching because I had some brilliant students with whom I could share my knowledge. I believe that the start of any job is a wonderful experience. At the inauguration of my professorship, despite the fact that I was working on my tenure, I had enough time to do some research, and, I could say, enjoy the life outside of college. Nonetheless, things have changed. Any repetitive work has somewhat dulled the exhilaration I received from teaching. Now, instead of attentive faces that eagerly ask questions and absorb knowledge, I barely get to see a pair of eyes that at least fake interest in my material.

For several years I have been struggling with getting my students away from texting on their cell-phones. I know that my desire for students to turn their cell-phones off is somewhat hypocritical because I am an avid twitterer, but it is hard to fight off the feeling that you are lecturing to trees. I made my cell-phone policy so strict that I had to at least give students several options on how they would like to be reprimanded. I told them that I would call on them in class if I see them texting, and that for each incident I would either subtract two percent out of the overall grade, or, in case that they are overly-concerned with grades, I would give the option of throwing their cell phone in the garbage can at the moment I call on them and allow them to take it back at the end of class. Of course, there are a few intrepid students at the beginning of each semester, so I make the habit of bringing some garbage of my own at the start of each class, because few decide to sacrifice a part of their grade for a foolish mistake. The problems, however, do not stop with texting.

Dear  
Echo

I hate students who take their siestas in my class. I am quite selective in the way I punish them. I understand that falling asleep is a natural process, which can hardly be stopped by simply willing it to stop. Hence, I always look for the reason why a certain student falls asleep. If I know that a student does well in my class and in other classes, while at the same time toiling at a part-time job, I can conclude that there is a high chance that that student goes through the hardships that life threw at him, and that the need for a day-nap was not caused from disporting. I was a student once, so I know what it means to go to sleep at sunrise because of the school workload, snooze for an hour or two, and then run to the morning class. But if a student does poorly in my class and in other classes, and if on several occasion I notice signs of a hangover, I would quickly count the nap as an absence. Four such absences and the student is done with my class. The inevitability of an 'F' will strike them as lightning.

Dear Echo, you might conclude that my life could not be that bad since I also get diligent, conscientious students once in a while. I agree with you that I have met a few nimble-brained students. I had long, interesting conversations with them after classes. I spent my lunch time at the same table as they did, and I had no misgivings about inviting them to a Thanksgiving dinner at my house or even for a beer at a bar. Still, after four, two, or even fewer years those students are gone. And how many of them do you think remember their ol' pal with whom they discussed topology, philosophy, and biology? No one. Don't get me wrong. I am sure that once in a while they ponder about my existence, but between pondering and palpable, observable acknowledging is a very huge gap. I wish I would receive a call, a letter, or at least an email letting me know about how they are doing in life. Not knowing if they became failures or leader figures somewhat makes this job such a tenebrous experience.

You understand now my frustration or the anger I experience when I get students at my office beseeching me for a better grade, telling me that for their hard work they should've gotten a higher score at a test? When I am told to go screw myself because I refuse to pander to stu-

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CSA Presents:

J'adore Couture

Holmes Auditorium  
Alfred University

Campus

April 3rd

7-9pm



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# Obsessive Compulsive Disorder

By Dr. Doubleface

About a fortnight ago I was called on an urgent visit to Wellington. As a therapist, I rarely receive calls from my patients during my off-duty hours. I make it clear, as it is required by my profession, that during my personal time I should be reached only in cases of emergency. This helps me establish a clear line between Rogerian compassion and Freudian aloofness. In the past, I often found that I was too deeply involved with the lives of my patients, and the 'friendly' visits, which at times seemed perennial, have alienated me from my family. Therefore, unscheduled appointments and non-therapy related requests are acceptable only when my clients are in crisis. There is no resentment between me and my patients over this policy because we both come to an agreement right from the start of our first session on how we should deal when we meet each other in public, when the therapy is discontinued, and when they are in need.

I have, by the way, a successful practice and a background in psychodynamic theories. Since the early furor that kindled an interest in psychoanalysis has somewhat disappeared, I came to be more accepting of newer, more effective therapeutic methods. My background, however, should be of little interest to you. The story that I am about to relate is all that matters.

The visit that I undertook involved a client that suffered from Obsessive Compulsive Disorder, which is commonly abbreviated to OCD. To a large extent, this disorder comes with many disabling features for those who have it: intrusive thoughts that produce anxiety and repetitive behaviors aimed at lowering anxiety are the two main ones. The individual whom I've visited suffered from OCD since early adolescence, and even though he went through a life full of concealment, he realized that no degree of will-power and stubbornness will save him from his obsessions, so at the age of thirty he sought help from me.

My first encounter with him was during a phone conversation. His plea for help had enough oddities in it for me to refuse his request. He offered a remuneration of \$350 for a three hour session, under the condition that the sessions be held in the ambiance of his own house. Out of curiosity, and because after googling his name I was able to make the assumption that I am not involving myself in some queer affair, I agreed.

I approached his house, which by far did not resemble the generic country house estate. The windowless walls, the impenetrable metal shingles on the roof, the absolute symmetry found in all areas of his garden, and many other things that my mind was too inquisitive to notice hinted that I am dealing with an individual that suffers from OCD and not with some joker.

While I was hopping over a metal gate that would not let itself open under my efforts, a man dressed in a gardener's outfit suddenly appeared. I remember the questioning glances from that man, whom I thought was my patient and who apprehensively asked me:

"Are you going in?"

"Hi. Are you Mr. X?"

"No, I am his gardener. He never lets anyone in. He pays me for taking

care of his garden and for signing for his daily mail, but even then I have to put the parcels in front of the main door and never enter the house. A very weird guy. But he pays well, so I don't complain."

Since I could not tell to a stranger the reason for my visit because by doing so I would have to reveal that Mr. X is suffering from a mental disorder, I decided to partially conceal the truth, "I am a doctor, and I was called two days ago by Mr. X. From his account he is distressed by some migraines and pills are of no help. I came here to examine him."

my lifestyle as possible."

"Hello Mr. X. I certainly did not expect to enter a house with no windows. Your gardener was kind enough to let me enter, although I am not sure that he is as secretive as you think."

"Oh, he probably mentioned that I am weird? But I am alright with his assumptions, even if he voices them. Poor, uneducated people rarely spread rumors that have any factual evidence in them. And, since it is common for them to say that scientists who are dedicated to their work are weird, no one really cares about such rumors."



©www.curepanic.info

"Well, my other job is to not let anyone in. You see, I am also a security guy here. So you'll have to show me something that proves that you're a doctor."

I gave him my card, but he did not seem satisfied. I was fortunate to have a stethoscope and a book on medicine in my car, which are totally useless objects to me but that made an impression on the poor lad. I brought them to him, and he became less distrustful.

"Ok. I believe you. You can go in."

As I approached the entrance, a security camera followed my every action. When I was at about two feet from the door, I heard the clanking sound of the locks. I knocked, but no one answered. I finally pushed the handle and made my way in, hoping that it would not be impertinent for me to come inside without a formal invitation. After I closed the door, I saw that the locks were controlled by a remote. In less than ten seconds I was also able to see the host.

"Hello Dr. Doubleface. I hope that you had no trouble with my gardener. He might be simple-minded, but because I saved him from penury he is forever grateful and is able to be as cautious about

"What about your house? It can tell a lot about those who are living in it."

"We live in an age full of eccentricities, so the design of my dwelling should surprise very few people. The reason you think my house is unordinary is because you have preconceived assumptions about me. If this were the abode of a wealthy, nuclear family, you might conclude that they have chic tastes. But since you know that someone suffering from OCD is living in it, you believe that its design betrays a lot about me."

"You are right. I did make hasty conclusions. I was actually baffled by the fact that you shook my hand when we exchanged greetings and that the insides of your home look quite ordinary."

"By ordinary you mean messy?"

"Yes."

"Dr. Doubleface, there is more than one devil in hell. As you know, there are various types of obsessions and compulsions, and I am not bothered by those related to excessive hygiene. Come after me in the lab, and I will tell you who I am and what my work involves. Then we will discuss our treatment procedures."

I followed him in his lab, and for

about a half an hour we discussed matters related to his medical history. I need to mention that I have never met a more educated person before. He received a fair share of success in his life as a biochemist—a work-from-home biochemist. He made his pleasant escapes from obsessions in his home lab, to which a parcel with tissues to study was sent daily.

I cannot offer you much detail here because I am somewhat restrained and obliged to protect the privacy of my patients. Besides the fine points regarding his problems with anxiety and the tragedy which occurred during our interview, I shall delve very little on who he is and what he does.

"Dr. Doubleface, your initial assumptions about my house were correct. It has been three years since I have not left this place. I do not suffer from social phobia or agoraphobia. I could say that I am actually very comfortable around people. I get my food and other supplies through my gardener, to whom I order strictly to buy only the goods I list to him. But I do have OCD, and a very severe one."

"Could you tell me more, then, about the nature of your obsessions?"

"Hmm...In your medical training you have probably never met a more bizarre problem than mine."

"It's alright. It doesn't hurt to tell me."

"I obsess about weather. I have to elaborate so that you will understand me better. For my whole life I lived in the temperate region, and I got accustomed to four seasons: winter, spring, summer, and autumn. The problem is the real weather does not fit our perception of the season we are in. For example, we are now at the end of March, but the weather outside is cold enough to say that it is February. If I were to go out and experience the dank climate, I would go into a panic attack. I went outside several times, and every time I thought I was this close to being dead. As you see, because of my sedentary lifestyle I am obese, and these panic attacks have quite a toll on my heart. After I get somewhere to safety, a place separated from the outside world, I am able to regain my composure. But then I obsess about the fact that the weather outside is not what it should be. The only way I am able to overcome those thoughts is through hours and hours of toiling in the lab. Spring has to be spring. Winter needs to remain winter. Don't you agree?"

After his account I asked him if he had the mischance of experiencing a weather calamity, but his answer was no. Clearly I was dealing not only with OCD but with an irrational fear that had no apparent cause. My intention was to use desensitization in order to overcome his phobia of weather. We agreed about two hours in the session that he should check the weather outside through his gardener and go out only when the weather fits his perception. Then I gave him a prescription for Zoloft, a selective serotonin reuptake inhibitor, which could help him overcome his panic attacks.

At the end of our session he offered me a drink, and I kindly accepted a glass of water. He went to

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## Wellness Corner: Gambling is a Problem

By Patty Amidon  
Coordinator of Health & Peer Education

March Madness!

It's that crazy fun basketball bracket time when underdog teams surface and number one seed teams lose, it's the basketball madness that is so much fun. Thousands of people around the world are predicting their brackets for a chance to win the big bucks

The NCAA Tournament is called "March Madness" because of the excitement it generates for sports fans. But for problem gamblers, it can be one of the most dangerous times of the year. We all know that too much gambling can be a problem and we might even know someone who gambles a lot, but did you know that gambling is an emerging high-risk behavior that has sounded alarm bells on college campuses nationwide? And actually this alarm has been going on for awhile.

A lot of people like to play the lottery or scratch-off tickets. So what is considered "problem gambling"? Gambling becomes an issue if a person experiences negative consequences, such as feelings of guilt, inability to control gambling, and time lost from school or work.

According to an article in the *Journal of American College of Health* as early as 1987 students were surveyed using the South Oaks Gambling Screen (SOGS) from the University of Minnesota. The survey found that about 5% of the 384 college students were pathological gamblers. The SOGS is a standard screening tool for problem gambling.

A SOGS score of five or higher is the standard used to define a probable pathological gambler. According to the *American Journal of Psychiatry*, problem gamblers are individuals with SOGS scores of three or four. The SOGS is a screen that consists of 26 various questions. A shortened overview of the SOGS of four questions is also used. A response of "Yes" to any of the four questions is considered a positive screen and the participant is then referred for a full administration of the SOGS screen. The four questions used consist of "Have you ever felt the need to bet more money than you originally intended?" "Have you ever thought you might have a gambling problem or been told that you might?" "Have you ever been untruthful or lied about the extent of your gambling, or hid it from others?" "Have you ever tried to stop or cut back on how much or how often you gamble?"

Problem gamblers come from many backgrounds, young or old,

rich or poor. Gambling affects people of every race, religion, education and income level. When gamblers can't control their gambling urges, they lose not just their money, but their jobs, families, homes and sometimes their lives.

The first national study concerning college student gambling was the Harvard School of Public Health College Alcohol Study (CAS). The investigators in the study examined the frequency of participation for eight gambling venues. They consisted of professional sports, college sports, animals, casino, lottery/numbers, Internet, bookies, and games of chance. The population was full-time 4-year college students with analyses that were weighted to the gender, age, and race/ethnicity demographics of each school in the study. The prevalence of gambling, defined as "ever participating in gambling in the past year" was 52% for men and 33% for women. The most popular type of gambling was the lottery (25% prevalence rate), with 45% of all gamblers choosing this venue.

Research has also showed high-risk health behaviors are higher among college students scoring higher SOGS scores. These health-risk behaviors include greater use of tobacco, alcohol, and other drugs. Results from the national health survey gambling questions revealed that student gamblers were also more likely to participate in binge drinking and unprotected sex than were other students.

There are ways to keep gambling recreational but always be aware that risks are involved. Here are some ways to keep gambling in check. Set a dollar limit and stick to it. Set a time limit and stick to it. Know that gambling will never get you ahead whether you are trying to pay off other debts or trying to earn extra spending money. It just doesn't work that way. Gambling functions are there to make money off you, not the other way around.

The effects of a gambling addiction are as devastating as alcohol or drug addictions and are not to be taken lightly. If you believe you or someone you are concerned about exhibits signs of a problem gambler, help is available. There are online sites such as [www.gamblersanonymous.org](http://www.gamblersanonymous.org) and [www.ncpgambling.org](http://www.ncpgambling.org) to name a couple. There is also help here on campus at Counseling Services located on the second floor in the Student Development Center, where counselors can provide the help you need whether through personal counseling or referral to gambling anonymous or other gambling treatment services.

## Obsessive Compulsive Disorder

Continued from Page 3

get one. When he was gone, I opened my bag and took out a red apple. The laboratory was cluttered with junk food, so I thought there are no restrictions about munching. While I was chewing on my apple and examining the room, I heard behind me the sound caused by glass shattering. I turned around quite startled, and I saw my host pointing his finger to my apple while shaking and shouting "Autumn! Autumn! Autumn!" He was clearly in the early stages of a panic attack. I know that in such cases there is not much that one could do. I asked Mr. X to lie down on a chair and take deep breaths. But before he could hear my advice, he fainted. And, his heart stopped beating, too.

I know that indirectly I am the cause of Mr. X's death. While I was performing CPR, I realized that apples are deciduous fruits, which under natural circumstances should be growing only in the early start of

autumn. I understood that the sight of my apple caused the dissonance in his mind and that eventually led to a panic attack. Paramedics got in the house a half an hour after I called them because I had trouble finding the remote used to open the locks. Because of his obesity, troubling obsessions, and panic attacks, I finally came to accept, even though it still seems as ridiculous as ever, that Mr. X died at the sight of an apple.

*None of the above is true—*

*Dr. Doubleface*

*This entry belongs to a staff member. Any semblances to real people and/or real situations are coincidental.*

## Car Care Awareness Day

WELLSVILLE, NY, March 2010—Students enrolled in the Automotive Trades curriculums at Alfred State College will celebrate National Car Care Month in April by hosting their annual Car Care Awareness Day on Saturday, April 17, 2010, from 9 a.m.-3 p.m. in the automotive trades lab on the School of Applied Technology Campus, Wellsville, with a variety of FREE services. Signs will be posted to direct participants.

Community members are encouraged to bring their cars and light trucks to campus for the following FREE check-up performed by Alfred State College automotive service technician students: lights, fluids, tires, battery, belts and pulleys, and an under-hood inspection. Every car that goes through the inspection

process will also receive a car wash FREE of charge.

As an added feature, the ACCORD (Allegany County Community Opportunities and Rural Development) Corp. will offer car seat inspections—with the help of the NYS Police—where they will check for the appropriate fit and installation of the car seats.

For the cars' drivers, Alfred State College nursing students will perform FREE blood pressure checks.

For additional information, please call the Automotive Trades Department at (585) 593-6270, ext. 3117 or (607) 587-3117.

## Dan Cummins

Wednesday, March 31

9 PM

Orvis Auditorium

Dan Cummins is a stand-up comedian who we're pretty sure has more than just one funny bone (possibly 3!). He's appeared on Comedy Central's *Live at Gotham*, *The Late Late Show with Craig Ferguson*, *Last Comic Standing*, and has starred in his own 30-minute special on Comedy Central's *Comedy Central Presents*.



Dan talks about Bigfoot, hitchhikers, squirrels, Spiderman, lettuce, ants, cobras, the homeless, producing his own line of greeting cards...



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# You have the Power To Save A Life!

By Mick Caba

In the spring of 1973, as I was embarking on my journey as a teacher/educator at East Elementary School in Frankfort, Kentucky, I soon learned that college does not prepare you for the all things you will experience. As a Physical Education teacher, I watched every day as the first graders came to the gym full of energy, enthusiasm and excitement. Two adorable twin girls especially caught my attention, full of life and vibrancy. As the semester progressed, I noticed one of the twins, Maria, seemed to become pale in color and continually much weaker than her sister and her classmates. During a conference with Maria's parents, we learned that little, adorable Maria was terminally ill with leukemia. There was nothing that could be done for her. As the days passed, her condition worsened. I not only felt completely helpless but also heartbroken for Maria, her sister and their parents. A college education I received for teaching didn't prepare me for this. Shortly

after the end of the school year, at 6 years old, little Maria lost her battle and tragically changed the lives of her family forever. I often asked myself, "why couldn't something be done, why couldn't I help her."

Flash forward to spring 2010 (at least it seems like a flash forward to me) I now have grandchildren of my own who are about the same age as Maria, and they too go to the gym for PE every day, full of energy and youthful enthusiasm. Words can never express how grateful, how thankful to God I am that they are healthy, happy and full of life. But, as the years have passed, I have often thought about beautiful Maria and how haunted I've been by the helplessness I felt in that spring of 1973.

Should we have had the great advances in medical technology and medicine in general that we have today back in 1973, maybe Maria's story would have a happy ending. Maybe we could have made a difference.

As I searched for ways to make a

positive difference through the years, I've since learned that Maria's leukemia is now survivable, but the patient needs a bone marrow transplant. Every day over 6,000 patients are searching for a bone marrow match, but there are not enough people registered for the "Be the Match Registry Foundation." "I learned that there is a great need for people of every background to be donors, but also, alarmingly, there is a tremendous need for registry members from diverse racial and ethnic backgrounds especially people of African American, Native American, Asian, and Hispanic backgrounds as the best possible match is likely to come from a person of the same background as the patient. Please keep in mind as you read, this someone is dying because a bone marrow match could not be found. You can give them hope.

So how can you help?

On Wednesday, April 7<sup>th</sup> from 11:00am until 3:00pm in the Student Gathering Space (CDH Downstairs) **The Alfred State Football Team** will be sponsoring a Be the Match Registry Drive. We ask everyone between the ages of 18 and 60 to come and register; you just may be saving a life. It is free, quick, easy, and painless to register. Just stop by, fill out a questionnaire with con-

tact information and some medical history. A quick mouth swab will be taken, and you are registered for a chance to save a life.

Once you are registered, you will stay in the Registry until you are 60 years old or you decide to be removed from the Registry. Should you ever become a possible match, you will be notified. You may never be identified as a match. Your commitment to donate should you be a match is very important, but you do have the right to change your mind. Also, as a donor, you never pay for donating, and you are never paid to donate.

In 1973, I could not make a difference for Maria so, it is my hope that you help us take the first step to saving a life by joining the Marrow Registry.

So come out on April 7<sup>th</sup> and maybe you just might have the chance to save someone's life and be a hero to their family. Remember, it's easy and painless to register and give someone hope.

If you cannot register as a "Be The Match" Member, you or your organization can make a financial donation to BE THE MATCH REGISTRY... just stop by the registration table on April 7<sup>th</sup> between 11am and 3 pm.

©Karen J. Hatzigeorgiou



## Alfred State College Drama Club will present Shakespeare's "Taming of the Shrew"

The Alfred State College Drama Club will present Shakespeare's "Taming of the Shrew," Thursday through Saturday, April 15-17, 2010, in the Orvis Auditorium on the Alfred campus. Performances are scheduled for 7:30 p.m. on Thursday and Friday, and 2 p.m. on Saturday. Admission is \$2.

The play revolves around two sisters, Katherina and Bianca. All of the suitors wish to marry Bianca, but her father declares that she cannot wed until the fiery, shrewish Katherina does. Of course, nobody wants to marry Katherina until Petruchio arrives in the city of Padua and assures all of Bianca's suitors that he will "tame the shrew." Katherina receives a surprise when Petruchio

courts her, but, will Petruchio find that he is in over his head?

Students performing in the production include Ali Moore, NYC, digital media and animation; Jason Miller, Hornell, liberal arts and sciences: humanities; Sean Dolan, Geneva, veterinary technology; Matt Brumagin, Angola, construction management engineering technology; Justin Stark, Fort Ann, liberal arts and sciences: humanities; Autumn Kaiser, Grand Island, marketing; Kyrie Kirn, Brockport, forensic science technology; Jeremy Mieczkowski, Verona, marketing; Kelly Beachner, Webster, computer information systems; Ashley Knights, Dansville, court and real-

Continued on page 6

## Public Higher Education Empowerment & Innovation Act

Continued from page 1

tinue to defend an indefensible status quo, providing no alternative solutions — only criticisms. In contrast, we understand the need to be proactive and strategic about the future. If current projections are accurate, there will be even less money to go around next year. Business as usual will be nothing short of disastrous.

These reforms will not "give the state permission to cut SUNY." The steady erosion of support shows that the state long ago gave itself permission to cut SUNY. Budget cuts and tuition grabs have added up to \$424 million over the past two years.

During this fiscal hurricane, we simply cannot afford to stake everything on the hope of budget restorations. To do so will lead to diminished access, erosion of academic quality and economic stagnation.

That is why we are leaving no stone unturned to find ways to sustain and grow a world-class system of public higher education. We have come to the table with an innovative, responsible plan, offering the State University as a partner with all who

seek to create a better future for our communities.

The Empowerment Act also embodies SUNY's fundamental commitment to accountability and transparency, putting in place oversight procedures for every provision.

When I was hired by the board of trustees, I pledged to "press the reset button" on SUNY's way of doing business. I believe we have succeeded in that effort, with unprecedented participation by our campuses in the budget process, a groundbreaking strategic plan and a newly energized partnership with the City University of New York.

But for SUNY to reach its potential in creating new educational and economic opportunities, we need the Public Higher Education Empowerment and Innovation Act.

The road of excuses, delays and fear has reached a dead end. It is time to set out on a new path that will shore up public higher education, create jobs and begin the process of rebuilding New York.

## Wellsville Front: The Green House Project

Continued from Page 1

source in order to determine which is most effective at providing energy. The water in the house will be heated from a solar powered hot water heater. The house itself will be heated using a Geothermal heating system. This Geothermal system uses the natural heat of the earth in order to keep water at a constant temperature and uses that heat to warm the house.

The house will be used as a new office for the dean as well as for a number of secretaries. In addition, it will be able to house officials who are visiting the campus for different purposes. A constant webcam stream is available at the Alfred State College website for anyone that is interested

in seeing the construction process of the home. The interior of the house is ready for the rough-in inspection of the electrical and plumbing systems. The exterior of the house still needs the siding, but the roof is mostly done and covered now. Once the inspection occurs, students will be able to put in the insulation for the house and then start to drywall the interior.

ClaesTJ@alfredstate.edu



## Instructions for Graduating Students 2010 Commencement

The Commencement exercises will be held on Sunday, May 16, 2010, at noon, at the McLane Center on the Alfred University campus.

Guests will need tickets to attend. Graduation packets picked up prior to May 11 will contain four seating tickets. Remember, guests must bring seating tickets with them to the Commencement ceremony. Guests who do not have a ticket will not be admitted.

### Additional Tickets:

All candidates for graduation who have paid the required fee will be issued up to four tickets when they pick up their graduation packets at the Campus Bookstore. Tickets will not be included in packets picked up on or after May 11. **Effective May 11**, any tickets not picked up will be given to other candidates desiring extra tickets. Up to four additional tickets will be given to candidates requesting them at the Campus Store on a first-come, first-served basis. Should there be remaining tickets by 10 a.m. the day of the ceremony, they will be available at the main entrance of McLane Center for guests; again, on a first-come, first-served basis. **Any guests without tickets will not be admitted into the McLane Center.**

### Graduation Packets:

Packets may be picked up from the Campus Bookstore anytime after April 12. The packet contains your graduation gown, cap, and tassel; a photo card; several notices regarding the graduation ceremony.

Guest admission to the exercises will begin at 11:30 a.m. Parking and seating for guests with disabilities (including wheelchairs) is available; contact the University Police at (607) 587-3999 for a temporary handicapped parking permit and this reserved seating. If additional special accommodations are necessary due to a disability, the graduate should inform Student Disability Services in The Learning Center at (607) 587-4122 so appropriate arrangements can be made.

Commencement exercises begin promptly and will last approximately two-and-a-half hours. Students should arrive outside the parking lot entrance to the McLane Center no later than 11:20 a.m. with academic regalia. Students assemble according to academic area. (Look for the sign identifying your area.) If you are a prospective honor student, be sure to get an honor cord from the Honor Marshal who will be at the entrance along with a listing of the honor students. Honor students' names will be posted on a "sandwich" board.

As Commencement begins, all graduating students will march to their seats by academic area.

### Important:

Each student's name is announced as he/she crosses the stage. It is extremely important that you complete and bring the photograph card (from the graduation packet) with you to Commencement. When your area is called forward, bring the photograph card with you. Hand the card to the name reader on stage.

### Attire:

You are expected to dress professionally for this prestigious ceremony. Try on your academic gown to check for size as soon as you pick it up. Please iron your gown prior to Commencement. You may not wear jewelry, flowers, or any other adornments not approved per the Academic Regalia Policy.

- **Men should wear dark slacks and dress shoes.**
- **Women should also wear dress shoes.**
- **Please do not wear jeans, sweats, casual sandals, or sneakers.**

The mortarboard (the Commencement cap) should be worn with the tassel on the right. After the College Council member authorizes the awarding of degrees in your school, the name reader invites the students to come forward for

recognition. Be sure to keep the tassel on the right. After all candidates have walked across the stage, you will be inducted into the Alumni Association and the tassels will then be moved to the left. This tradition signifies the conferment of the degree. Men should remove their mortarboards during the National Anthem, the invocation, and the benediction.

**Please Note:** The May 16 event is a ceremony to recognize graduation. **Attending the ceremony does not signify that you have, in fact, successfully completed all requirements; unfortunately, some will go through the ceremony, but not be recommended for graduation by the faculty.** You will receive only the diploma cover at the Commencement ceremony. The actual diploma will be mailed in mid-July.

**Receptions:** A reception for graduates, guests, and faculty will be held immediately following Commencement at the Central Dining Hall. Light refreshments will be served. Separate sections will be designated for the individual schools. This is an excellent time for final good-byes and photographs.

**Campus Bookstore:** The Campus Bookstore will be open from 9 a.m. - 5 p.m. The store phone number is (607) 587-4020.

## Traffic Procedures

**PARKING** at the McLane Center is prohibited, except for handicapped parking for those with a government issued permit, NYS handicapped license plate, or special handicapped permit issued by the NYS University Police at Alfred State. UPD will issue temporary permits to those with special needs for the Commencement ceremony. Anyone wishing to obtain a handicapped permit for the day should contact Lt. Heller at the University Police Department at (607) 587-3999 Monday-Friday 8:30 a.m.-5 p.m. **no later than Friday, May 14, 2010.** This permit has to be visible to the police officer before the vehicle will be allowed access to the handicapped parking areas.

The lot in front of the Alfred State College Administration Building will be reserved for handicapped parking overflow.

Ample parking is available on the Alfred State campus, and a free shuttle bus service will be provided to and from the McLane Center. The shuttles will stop only at designated bus stops in order to reduce traffic congestion.

**TRAFFIC FLOW IS ONE WAY** – the day of Commencement. We request that you read and adhere to the following special regulations regarding on-campus traffic:

1. **LOADING ZONE PARKING** is restricted to the area between Peet Hall and Shults Hall and will be limited to the right side of the road for a limit of **15 minutes** per vehicle.
2. When you have finished loading, **MOVE** to the parking area so others can use the space.
3. Village speed limit is 30 mph and campus speed is 25 mph, both strictly **ENFORCED**.

University Police officers will be on duty to assist you in getting in and out of the loading zone, locating buildings and activities, and enforcing traffic regulations. They will also assist the disabled to specially designated parking. Any disabled person who desires assistance should contact an officer. Officers will be on duty at the entrances to the campus.

## Shakespeare's "Taming of the Shrew"

Continued from page 5

time reporting; Dennis Billings, Rexville, business administration; Sarah Butler, Hector, forensic science technology; Erica Rokenbrod, Hornell, architectural technology; and Phillip Pritchard, Rochester, surveying engineering technology.

The play is directed by Chris Labanca, director of drama, who

joined Alfred State College in 2008. He attended SUNY Geneseo for theatre, where he earned a bachelor of arts degree. Chris works as a professional actor in Buffalo, as well as working with Shakespeare in Delaware Park's high school Shakespeare education program, teaching and performing for high school students.

In his role as director of drama, Chris directs various Drama Club productions, one in the fall and at least one in the spring, and serves as Drama Club adviser. In addition to being a working actor in Buffalo, Chris is a playwright.

The Outdoor Recreation Club (ORC) indoor climbing cave, located in the MacKenzie Complex, will close down for the spring 2010 semester after cave hours on Thursday, April 1. We will reopen the cave in the fall.

## SUDOKU

PUZZLE SUPPLIED BY: WWW.SUDOKUOFTHE DAY.COM  
DIFFICULTY LEVEL: TRICKY

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5	1			7			3
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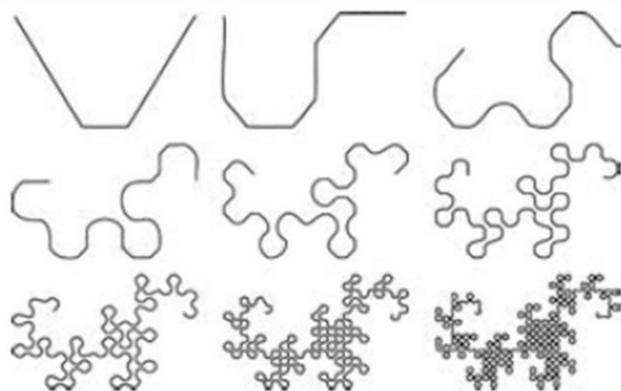
SOLUTION TO THIS ISSUE'S PUZZLE IS ON PAGE EIGHT

## MATH CORNER

COORDINATOR: STAS SAJIN

Question 1:

The picture below shows a sequence of dragon curves. The sequence can be continued indefinitely. What is the pattern to this sequence? (Ignore the rounding of the curves).



Question 2:

Marigold Mouse has a cube of cheese and a carving-knife. She wishes to slice the cheese along a flat plane, to obtain a cross-section that is a regular hexagon. Can she do this, and if so, how?

Question 3:

The cocktail cherry is inside the glass, which is formed from four matches. Your task is to move at most two of the matches, so that the cherry is then outside the glass. You can turn the glass sideways or upside down if you wish, but the shape must remain the same.

Question 4:

Place a standard mathematical symbol between 4 and 5 to get a number greater than 4 and less than 5.

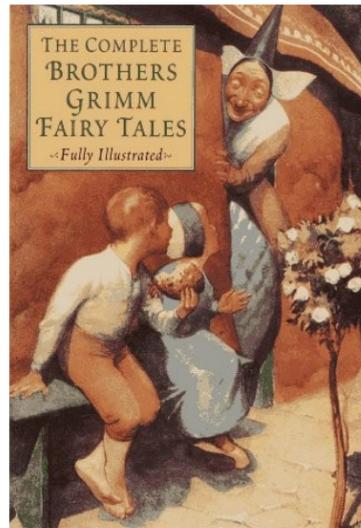
SOLUTION TO THIS ISSUE'S PUZZLES IS ON PAGE EIGHT

sajins@alfredstate.edu

## BOOK REVIEW

REVIEW BY: STACY KINGSLEY

**BROTHERS GRIMM FAIRY TALES**  
BY: GRIMM BROTHERS



Most of you have probably read or watched the Disney movies of beautiful princesses being saved from the fire breathing dragons, spells of witches, or the trickery of magical creatures. However, most of you are probably not familiar with Grimms Fairy Tales. This is a collection of the original, unedited versions. When I mean "unedited," I mean that these are not the bedtime stories that parents read to their sons or daughters.

We can first look at the Disney version of Cinderella and the Grimm Fairy Tales to further illustrate the more graphical nature of the originals. We know that Cinderella in the Disney version was a prisoner within

her own home, forced to menial labor at the hand of her step family at the time of her father's passing. Both stories continue on the same path till the point when it is time to try on the shoe in the prince's search. Disney shows that one step sister tries on the shoe, and her foot is too big while the other is too small, however, in the Grimm's Fairy Tale it isn't quite so. Instead of giving up when the shoe is too big, they cut off her heel in order for it to fit properly only for the prince to find out that she is not the one because of the blood that is leaking from the glass slipper. Next is the younger sister who has the right sized heel but not the right sized toes. To rectify this problem she cuts off her big toe in order for it to fit. Like the first incident, the prince sees the blood leaking from the shoe and returns the sister home to find Cinderella with the other shoe and marries her, to live happily ever after.

Now you may be thinking that it wasn't such a bad story with a little blood and violence to spice it up, but frankly that is only the beginning. I bet that you didn't know when Ariel in the Little Mermaid walked on land, it felt like she was walking on knives, or that sleeping beauty was actually raped by the prince before she woke up. As disturbing as these seem, it is actually what the original fables are. I recommend that you read Grimm's Fairy Tale Collection to really see what happened and maybe open a Pandora's box or two.

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## Dear Echo

Continued from page 2

dents' requests to go a bit easier on them? When I am judged by my fellow colleagues for my lack of sociability and obsession with research? When I am involuntarily burdened with administrative duties that bore me to the bones instead of focusing on my monographs? When I echo the same lecture in three different classes to which I am assigned every semester for years and years?

I do not expect understanding. But I do have a question to ask. What advice would you give to a professor who became too old for his job and who is incapable of doing anything but teaching because he is too stubborn and dignified to flip burgers or work as a cashier in a convenience store?

Disdainfully yours,

Dr. Doubleface

Dr. Doubleface,  
First, try to understand if your disappointment comes from a tempo-

rary state of helplessness or if it is something about which you end up thinking every day. If your feelings of displeasure are provisional, then I hope that your days have now turned to be a bit brighter.

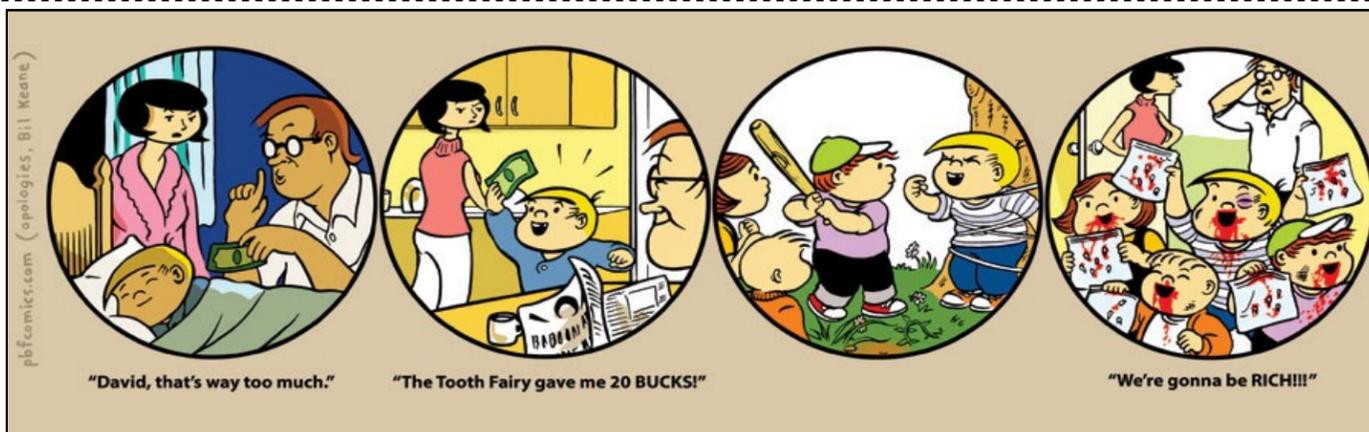
If, however, the state has lasted for quite a while, try to rationally consider what the outcomes of quitting your job might be. Yes, the interest in a profession after years and years of repetition disappears. But the loss of losing it, even if voluntarily, might strike harder.

Good luck

Stas Sajin

*The preceding entry for the "Dear Echo" section of the newspaper is a fictional account that stems from the imagination of a staff member. We only hope that there are no semblances to real people or to real situations, but if there are any, then it is all of matter of coincidence. All concerns regarding this entry should be sent to sajins@alfredstate.edu.*

*You are welcomed to mail us 'real' entries to torecho@alfredstate.edu and ask a staff member to write a response in*



"David, that's way too much."

"The Tooth Fairy gave me 20 BUCKS!"

"We're gonna be RICH!!!"

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Nicholas Gurewitch  
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# SPORTS

## PIONEERS SPLIT FINAL DAY OF SPRING TRIP

The Alfred State College baseball concluded their 2010 spring trip to Cocoa, FL with a doubleheader split. ASC fell 10-9 in nine innings to North Iowa Area CC but rebounded with a come from behind 11-7 victory over Dakota College @ Bottineau. The Pioneers end their trip with a 6-5 mark.

Trailing 8-5, ASC scored four runs in the 6th to take the leading heading into the 7th versus North Iowa. NIACC would tie the game with a single run with two outs in the 7th and win it with a run in the 9th.

JP Frey (Erie, PA) continued his solid play with a 3 for 6 day while Jake Dale (Keshequa) was 2 for 4 with a three-run triple in the 6th

inning. Kyle Barkley (Penn Yan) was 2 for 4 with two doubles and a RBI while Anthony Espe (Union Endicott) was 1 for 2 with 2 RBI.

In the nightcap, ASC scored seven runs with two outs in the 6th inning to rally out of a 7-4 deficit. Andrew Alexander (LeRoy) was 3 for 4 with 3 RBI including a solo homer that started the rally in the 6th. Barkley finished 2 for 2 while Kevan Smith (Cicero North Syracuse) was 2 for 4. Brent Johnson (Penn Yan) came out of the ben and allowed just one hit in 2.2 innings of work to earn the victory.

The Pioneers will travel to Lackawana College (Scranton, PA) next Sunday for a 1 p.m. doubleheader with the Falcons.

## Ward shuts out Iowa Lakes

Tyler Ward (Bishop Kearney) allowed just two hits in a complete game shutout as Alfred State downed Iowa Lakes CC 2-0 in Cocoa, FL. Ward improves to 2-0 on the season while the Pioneers are now 5-4 on their spring trip.

Ward walked one and struck out five to lead the blue & gold to victory. JP Frey (Erie, PA) collected two hits and drove in both runs to pace the offense while Kyle Barkley (Penn Yan) and Andrew Alexander (LeRoy) each had two hit days.

The Pioneers wrap up their annual trip to Cocoa Expo with a doubleheader taking on North Iowa Area CC and Dakota College @ Bottineau before heading back home.

## Penalties Plague Pioneers

The Alfred State College lacrosse team was unable to overcome 14 penalties and fell to Delaware Tech - Terry Campus 18-16 on Sunday afternoon. ASC is now 1-2 on the young campaign.

Ryan Speciale (Corning West) led the blue & gold with eight goals and two assists while Chase Bailey (Corning West) added three goals and two assists. Tony Micelotta (Irondequoit) added two goals while James Moss (Hilton), Anthony Amoroso (Jamestown), and Troy Johnson (Hilton) all found the back of the net once.

The Pioneers open up the home portion of their season on Saturday.

## Lady Pioneers Shutout Massasoit

The Alfred State College softball team got back on the winning side with a 4-0 victory over Massasoit (MA) CC on Thursday. The Lady Pioneers are now 2-5 on the season.

Charise Nankivell (Hornell) tossed a shutout allowing three hits and one walk while striking out three batters. She is now 2-2 on the mound this season.

Stephanie White (Wantagh) led the blue and gold with two hits while Julie Williams (Clymer) and Amber Harding (Fillmore) each

drove in runs. Kate Bailey (West Valley) hit a triple and scored a run. ASC scored single runs in the 2nd and 3rd innings and added two insurance runs in the 6th.

The Pioneers second scheduled game for Thursday was moved to Friday morning. ASC will wrap up their annual trip to Myrtle Beach, SC on Friday with a 9 a.m. contest with Herkimer CCC. The Generals downed ASC earlier in the week.

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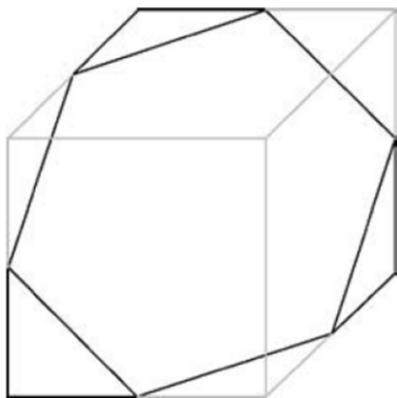
Contact Tor-Echo at  
torecho@alfredstate.edu

### MATH CORNER ANSWERS

Answer 1:

Dragon curves can be made by repeatedly folding a strip of paper in half, and then opening it out to make all folds into right angles.

Answer 2:



Answer 3:

The symbols +, -, \*, /, √ will not work. Try to put a decimal point in the idle instead.

### SODUKU SOLUTION

2	7	3	9	5	4	6	1	8
5	1	4	8	7	6	2	3	9
8	6	9	2	1	3	7	4	5
4	2	6	1	9	7	8	5	3
3	5	7	4	2	8	1	9	6
1	9	8	3	6	5	4	2	7
9	4	5	7	8	1	3	6	2
7	3	2	6	4	9	5	8	1
6	8	1	5	3	2	9	7	4

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